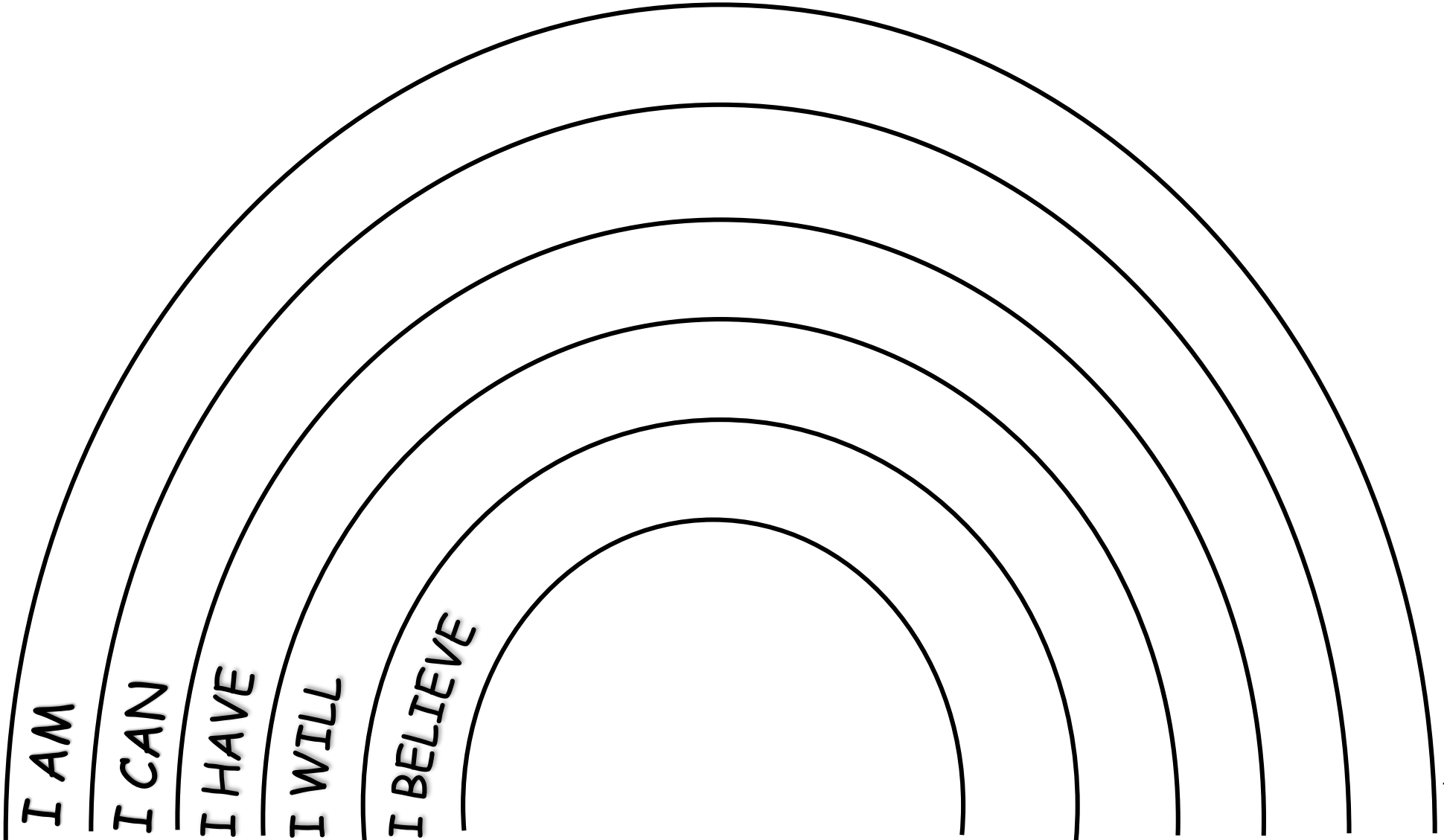


# ***MAJOR MESSAGE RAINBOW***



# **MAJOR MESSAGE RAINBOW**

**I AM** likeable, capable, unique, and valued.

**I CAN** treat others like I want to be treated.

**I HAVE** meaningful relationships and people who care about me.

**I WILL** make healthy, responsible decisions.

**I BELIEVE** in my purpose and future.